

*“Ask A Question
Save A Life”*

QPR is a simple process that anyone can use to help *save the life* of a person who is in crisis. A Gatekeeper is anyone in a position to recognize the warning signs someone may be contemplating suicide.



QPR

A FREE Suicide Prevention Gatekeeper Training

Question • Persuade • Refer

If your Agency/Organization would like to take part in a QPR Training Session, please contact the Butler Suicide Coalition at youmatterbutler@gmail.com or Amy Cirelli 724-284-5114

You Matter!!

Participants will learn:

- Myths & facts about suicide;
- How to recognize the signs and the potential signs of suicide;
- How to ask **Questions** to assess the situation;
- How to **Persuade** the person to stay alive long enough to get help;
- How to **Refer** them to a professional for help to get them through the crisis.

Sponsored By:



Hope begins with you! Thank you for caring.